



# Portland Public Schools

## Suicide Prevention & Intervention

### *School-wide Suicide Prevention Plan 2022/2023*

In an effort to adhere to the PPS Suicide Prevention Policy adopted by the school board on January 12, 2021, each school is required to submit a School-Wide Suicide Prevention Plan to the Student Success and Health Department as they are the office of record.

The plan shall be created in collaboration with your school team (School Psychologist, School Social Worker, School Counselor, QMHP, Admin, etc.) The goal is to maintain a comprehensive approach to address suicide prevention, intervention, and postvention (a crisis intervention strategy designed to reduce the risk of suicide and suicide contagion after a suicide death).

Each School-Wide Suicide Prevention Plan shall include prevention, intervention, and postvention strategies that are culturally and linguistically responsive and submitted by January 12, 2023. The plan can and should be a living and iterative document.

#### Suicide Prevention Plan Point of Contact

**Abernethy K-5 Suicide Prevention Plan primary point of contact:** Jenny Morgan, School Counselor  
**Point of contact email:** jmorgan1@pps.net

#### Abernethy K-5 Suicide Prevention Plan

##### Prevention

Intentionally cultivating a community of connection through things like grade level academies, AVID etc.	In place
SEL curriculum	In progress
Additional Suicide Prevention curriculum (Curriculum implemented in addition to suicide prevention lessons within the PPS Health curriculum)	None
GSAs/QSAs	In place
Our school supports student attendance at the Annual GSA Summit	Yes
Bridge 13 Training- SMYRC	In progress
Student Interest groups/activities/arts/sports	In place
Culturally specific small groups/mentoring	Not being prioritized this school year
Race-Based Affinity Groups for students	Not being prioritized this school year

Systematically share the Youth Resource App/other wellness resources	In place
Food Pantry	In progress
Clothing Closet	In place
Mental Health and Wellness clubs/events	Not being prioritized this school year
School-based mental health/wellness resource webpage	In place
Easy access to student service providers/students know how to make an appt.	In place
Small groups (Chrysalis, DBT, anxiety, grief etc)	In place
RESJ partnership contracts	Our school does not have RESJ department contracts
Sharing information about school based health center	In place
All gender restrooms	In place
Teams that are currently functioning at our school	Equity, Mental Health supports, SIT, Suicide Prevention

Intervention	
All student service providers and admin follow the <a href="#">Suicide Intervention Flow Chart</a>	In place
All student service providers utilize the PPS <a href="#">Suicide Screening Form</a>	In place
All student service providers have attended YouthSave or ASIST in the last 5 years	In progress
All student service providers have reviewed the Suicide Screening Conversation Toolkits ( <a href="#">Long version</a> and <a href="#">Short Version</a> )	In place
All student service providers utilize the <a href="#">Safety and Support Planning resources</a>	In place
Staff supports student participation in Student Success Center and transition back from SSC	N/A
Processes for referrals and coordination for mental health and substance use resources	In place
Transition Planning: <ul style="list-style-type: none"> <li>Students returning to school <a href="#">sample meeting agenda</a></li> <li>Students leaving a mental health/substance use setting <a href="#">transition plan</a></li> </ul>	In progress
<a href="#">Title IX Resources and Reporting</a>	In place

Title VI Resources and Reporting	In progress
<a href="#">SafeOregon tipline</a>	In place

<b>Postvention</b>	
<a href="#">Crisis Recovery</a>	In place
Multico Behavioral Health <a href="#">Crisis Recovery Plan</a>	In place
<a href="#">After a Suicide Toolkit</a> (American Foundation to Prevent Suicide & Suicide Prevention Resource Center)	In progress
School Plan for Postvention	In progress

## Communication with Families and Staff

**Places families can access information about the school-based suicide prevention plan in their preferred language:** It will be posted on the school's website

**How will this plan be delivered to staff?** In the administrators weekly email